IE MAINTENANCE

The Monthly Newsletter of the North Carolina Public School Maintenance Association

Volume 60. Number 3 March 2023

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Meet ra Wade



Ira Wade



Vickve and Ira Wade

Ira J. Wade, Jr. is the Assistant Maintenance Director for Duplin County Schools. He has worked for Duplin County Schools for nineteen years and has been in the Maintenance Department for seventeen years. He has been a member of the North Carolina Public School Maintenance Association for seventeen years and is one of our trusted advisors on the Advisory Council.

Duplin County is in the beautiful coastal plain region of North Carolina. The county seat is Kenansville which was incorporated in 1852 and named for James Kenan, one of the town's founders.

Duplin County Schools consists of thirteen public schools that include seven K-8 schools. one K-6 school, four traditional high schools, and an early college high school.

Ira stated that the most challenging part of his job is responding to the many diverse requests form the schools within his district, but what he loves most about his job is that there is never a dull moment.

Ronald Moore, Director of Maintenance for Duplin County Schools said, "As our assistant maintenance director Ira Wade helps deliver instructions and explains our department's expectations with purpose. He has good communication skills and listens well in meetings with our colleagues. He expresses his opinion clearly, carefully, and objectively. Ira helps me hold our maintenance staff accountable for their own performance and achievements. Ira is also very punctual and is always here when we need him."

Born and raised in Duplin County, he is married to Vickye Wade. They have a son Ryan. Their daughter Elizabeth, passed away three years ago and Vickye and Ira are raising

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MEETING DATES

The districts of NCPSMA meet twice yearly.

District 1 January, July District 2

January, July Pres. Ronald Moore Phone: 910.296.1875 District 3

February, August Pres. Greg Woodard Phone: 252.399.7822

District 4 February, October

Pres. Donna Fields Phone: 910.678.2565 District 5

March, September Pres. Justin Dyson Phone: 336.909.2280

District 6 April, October Pres. Chris Adkins Phone: 980.343.4526

District 7 May, November Pres. Jeff Adams Phone: 336.551.1109

District 8 March, November V. Pres. Jason Kelly Phone: 828.456.2402

Meeting Dates & Locations Should be sent to

The Maintenance Beacon two months in advance for publication.

Deadlines

Publication deadline for articles and advertisements is first day of the month prior to month of publication.

their beautiful granddaughter, Amirraa.

Deadly Mistakes Fatal Event January 19, 2019 By Judyth Forte, State Plan Coordinator

Fatal Event: On Jan. 19, 2019, a 48-year-old man died from blunt force trauma to the head after he fell approximately 17 feet from the roof of a two-story multifamily building while attempting to install gutter guards.

Investigative Findings: A subcontractor had been hired to install gutter guards on aluminum seamless gutters that were attached to a multilevel 6/12 pitch asphalt shingled roof. The subcontractor was cutting, placing, and securing five-foot-long sections of gutter guard. The installation process was supposed to involve employees working from two aluminum extension ladders that were to be placed against the wall of

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Meetings and Events

15TH ANNUAL NCPSMA WESTERN CONVENTION/WORKSHOP

May 24 and 25, 2023

Johnson Springs Convention Center, Ridgecrest, NC For more info please contact Krisite Payne at 828.565.0115 or office@ncpsma.org

51ST ANNUAL NCPSMA EASTERN CONVENTION/WORKSHOP

September 26-29, 2023

DoubleTree by Hilton Atlantic Beach For more info please contact Krisite Payne at 8 28.565.0115 or office@ncpsma.org

INDEX OF ADVERTISERS

Daylight Savings Time

Get ready to MOVE THOSE CLOCKS! Daylight Savings Time starts on Sunday, March 12, 2023, and ends on Sunday, November 5, 2023.

"Daylight Saving Time", usually abbreviated to DST, is the term used for the adjusted time in the United States and Canada. The time observed during the rest of the year is usually called "Standard Time." DST is the practice of setting the clock one hour ahead of standard time at the beginning of spring and moving it back one hour in fall. Many people have difficulty remembering which way the clock moves when the time changes one easy way is to remember is the mnemonic "spring forward, fall back"!

On July 1, 1908, the residents of Port Arthur, Ontario

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Daylight Savings Time

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(known today as Thunder Bay) turned their clocks forward one hour to start the world's first DST period. Other locations in Canada soon followed suit. However, the idea did not catch on globally until Germany introduced it in 1916 – two years into World War I. The rational was to minimize the use of artificial lighting to save fuel for the war effort. Within a few weeks many other countries followed the idea, with most of them reverting to standard time after World War I. It wasn't until World War II that DST made its return to most of Europe.

DST became a national standard in the U.S. in 1966 with the passage of the Uniform Time Act. States either must change the clocks at a specified time or stick with standard time throughout the year. In 2007, the federal government expanded daylight saving time in an effort to reduce energy consumption. The law now specifies that daylight time applies from 2 a.m. on the second Sunday of March until 2 a.m. on the first Sunday of November. Daylight saving time now accounts for about 65% of the year. Federal law does allow states to remain in standard time all year; however, states must first obtain approval from Congress before making daylight saving time permanent in their respective states. Currently Arizona and Hawaii are the only states not observing DST.

The Department of Transportation says daylight saving time conserves energy. When the sun sets later, it's presumed that people will stay out longer and spend more time outside. Theoretically, that leads to less electricity for lights and appliances. Although not everyone agrees it offers energy-saving benefits. Some studies report the time switch saves energy on lighting but is surpassed by increases in heating and air conditioning. It can also mess with our sleep patterns, at least temporarily. Other health impacts consequences, according to various studies and research, include increased headaches, heart attacks and depression.

Deadly MistakesFatal Event January 19, 2019

continued from page 1

the building. From the ladders the employees were to secure the gutter guards in place using a drill and self-tapping sheet metal screws. Once the guards were secured, they would climb down the ladders and move them on to the next section of gutters. On the day of the event, only two employees were at the site as it was a weekend. The two employees together decided that it would be easier for them to do the work from the roof. They climbed the ladders and got up on the roof. They separated and went to different sides of the roof. After working for a little while, one employee said he heard a noise and when he looked up his coworker was no longer on the roof. He climbed down the ladder and saw his coworker lying motionless on the grass and called 911.

Discussion: The owner of the business said that all his employees were provided fall protection equipment and that it was always carried in the work trucks. He said he did not provide training, but staff knew when and how to use them based on their "experience." Providing fall protection equipment doesn't mean that the employer's safety and health obligations have been met. In addition to providing appropriate equipment, employers must train each employee on the proper use of the equipment. No equipment, tools, or personal protective equipment (PPE) should be given to employees without proper training and instruction to ensure their correct and safe use. Employees need to be familiar with the equipment and when and how to use it. The employee that was working at the time of the incident said they were supposed to work from ladders, but periodically supervisors would ask them to get up on the roof "maybe three times in the past six months. It depended on the roof layout of the house."

A personal fall arrest system (PFAS) is designed to safely stop a fall before the worker strikes a lower level. The PFAS must be attached to a roof anchor which needs to be attached to a structural member by driving fasteners through the sheathing and into the rafter or truss member below. It is important to follow the manufacturer's instructions when installing anchorage. Each roof anchorage point must be capable of supporting at least 5,000 pounds or shall be designed, installed, and used as part of a complete PFAS with a safety factor of at least two and be used only under the supervision of a qualified person.

The PFAS has three major components: An anchorage to which the lanyard's snap hook is attached, a full-body harness worn by the employee and a connector, such as a lanyard or lifeline, linking the harness to the anchorage. PFAS typically use a shock-absorbing lanyard, a self-retracting lifeline, or a deceleration device. A PFAS must be used properly to be effective. To do this an employee would adjust the harness to fit snugly. The D-ring attachment for the harness should be centered between the employee's shoulder blades, and the leg straps should be adjusted until they are snug. Fall arrest systems must be designed and set up to prevent

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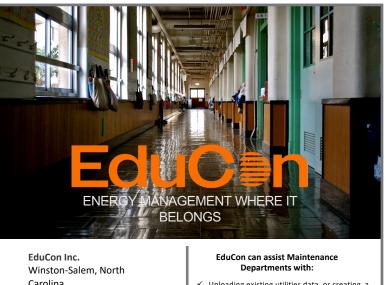
Meet Ira Wade

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Ira graduated from Wallace-Rose Hill High School. He then went on to receive his Bachelor of Science in Mechanical Engineering for North Carolina A & T State University and his Master of Science in Information Systems Management from the University of Southern California. He was commissioned into the United States Air Force and retired with 20 years of service.

The Wades attend New Christian Chapel Missionary Baptist Church in Rose Hill, North Carolina where Ira is a deacon. His hobbies include running, lifting weights, and working around his house.

By Kristie Payne NCPSMA Executive Director



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Potholes in Asphalt Pavement

By Doug Buchanan, PE, LEED AP Wolf Trail Engineering, PLL

Potholes in asphalt pavement are a problem that affects everyone. Unfortunately, it seems after they are repaired, then they appear again next year. The average consumer that drives on the pavement – seeing the pothole and having to avoid it – on a regular basis is frustrated. The maintenance crew that maintains the pavement is frustrated. To make lasting repairs, we need to understand what is causing the potholes.

What Causes Potholes?

- 1. Poor design/improper construction. Paved parking lots and roads are constructed in layers. The surface that users drive on the asphalt is just the top layer, and its durability is dependent on the layers beneath it: the base and subgrade/subbase. Improper design or construction of any of the layers (surface, base, or subbase) will lead to failures or premature deterioration, such as potholes.
- 2. Age/use & abuse. Asphalt deteriorates as it ages, and as it weakens, deterioration is accelerated. Some deterioration is inevitable, such as the asphalt losing its volatiles due to heat and rain. Some deterioration is preventable, such as damage caused by improper use or abuse. Cracks develop in the pavement, which can lead to any number of issues, including potholes.
- 3. Water. Water can damage pavement just like water can damage buildings by getting inside. Water will cause the base and subbase to expand, weakening the compaction strength. Cracks in the asphalt will allow water into the layers beneath it. The water will penetrate downward, and sometimes the water will also move sideways. As the base and subbase (the supporting layers) lose strength, the asphalt will deflect more under load, often resulting in potholes.

How Can You Make a Pothole Repair Last?

To make lasting repairs, you need to know the extent of the excessive moisture and the condition of the base and subbase. The pothole and



Improperly repaired potholes

the area around the pothole should be excavated. As a rule of thumb, excavating below 24 inches is not practical, but there needs to be some field investigation to remove the unwanted materials to a feasible depth. Unwanted materials are any materials unsuitable for properly supporting the layer(s) above. Failing to remove the unsuitable materials will result in another pothole. Here are some things to look out for when excavating the pothole and surrounding area:

- 1. The base can be unsuitable for any of the following reasons: not compacted, high moisture content that will reduce the compaction of the stone, not enough stone for the anticipated loads, organic material in the stone (e.g., sticks, leaves).
- 2. Similarly, the subbase can be unsuitable for any of the following reasons: not compacted sufficiently, high moisture content that will allow the subbase to move under load, excessive organic material (e.g., sticks, leaves, or even soils with organic materials). Sometimes the subbase is composed of a high plastic clay that has a high percentage of fine material that does not allow water to pass through. Plastic clays are known to pump (move up and down when a vehicle drives over them) when they are wet. Plastic clays are unsuitable and normally gray in color.



Once the unwanted materials are removed, the subbase needs to be evaluated to determine if triaxle geofabric is needed to bridge over the material that remains. Then, the void can be filled with stone in lifts that can be compacted with the equipment onsite. The last step is to apply tack to the edges of the existing asphalt and to install and compact the new asphalt.

Properly repaired pothole

School Shootings Continue to Rise

Marjory Stoneman Douglas High School Five Years Later: School Shootings Continue to Rise

By Patrick V Fiel Sr.

Five years ago today, February 14, 2018, an expelled student entered Marjory Stoneman Douglas High School in Parkland, Florida and fatally shot 14 students, 3 staff members, and injured 17. It became the deadliest high school shooting in United States history.

At Robb Elementary School in Uvalde, Texas on May 24, 2022, a former student at the school fatally shot 19 students, 2 teachers, and injured 17. It is the third deadliest school shooting in the United States, following the Virginia Tech shooting in 2007 and the shooting at Sandy Hook Elementary in 2012.

There were 51 school shootings in 2022 that resulted in 40 deaths and 100 injured, the most in a single year by the data gathered by Education Week.

What is the answer? Do we have a problem with gun control? Do we have a problem with mental illness? The answer to both questions is yes. Nonetheless, the debate should not solely revolve around the Second Amendment or mental health. Anything emerging from those debates represents long-term fixes. What we need is a serious discussion about the proven solutions that will work today.

It is critical that school board members and their school superintendent take immediate action and implement a closed-campus policy and review their emergency/crisis plans and lockdown procedures. Schools need to hold safety/security drills with emergency responders, and practice responses to different emergency situations, e.g., active shooter.

It is impossible to predict where the next active school shooting will occur, yet all schools must be prepared to take preventative measures to mitigate damages from an active shooter.

Schools are soft targets; they are unique and have their own individual challenges (i.e., size, age, location, design/type of construction, etc.)

Through careful planning, it is possible for schools to develop a quality emergency crisis plan that meets their needs. As security experts, we work with schools, their staff, and local emergency responders to complete a thorough risk assessment, including an all-hazards approach of all their schools and properties.

A risk assessment pinpoints critical areas of vulnerability and will identify the security strengths, as well as any security weaknesses. The whole process is designed to reduce incidents and try to anticipate any emergencies that might occur at their school or campus. The results of these assessments serve as the initial phase to develop a course of action, a strategic plan.

One key component to the plan are teachers. Although, the fear among teachers who feel unsafe

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Western Convention 2023 **Important Information**

15th ANNUAL NCPSMA WESTERN CONVENTION **IMPORTANT INFORMATION FOR MEMBERS** May 24-25, 2023

Hotel Reservations

- Room reservations are to be made on an individual basis.
- Reservations should be made by calling Ridgecrest Reservations Department directly at 1-800-588-7222.
- Special room rates for this convention range from \$119 \$139 (before taxes). depending on room type and room occupancy.
 - <u>In order to receive the special convention rate, you must inform</u> the Reservationist at the time of booking you are attending the <u>"2023 NCPSMA Convention".</u>

NCPSMA 2023 Western Convention reservation block ends May 6, 2023, after which date rooms and room rates are not guaranteed.

- A credit card will be required for booking your reservation.
- Individual reservation deposits require a one (1) night's room rental.
 - This depositis refundable less a \$10 per room processing fee if canceling 60 or mor days prior to arrival, one-half refundable if canceling 30-59 days prior to arrive, and non-refundable if cancelling less than 30 days prior to arrival. Ridgecrest is not a "transient hotel" thus rescheduling of cancelled rooms requires greater advanced notice.
- Please be sure to inform Ridgecrest Reservationist of any special needs i.e., handicap accessible room or other special request at the time of booking.
- Check-in time is 4:00 PM and check-out time is 10:00 AM.
- If paying by check, please make payable to **Ridgecrest**.

Meal Tickets

- MealTickets can be purchased for \$35 per person (\$37 for debit/credit payments).
 - Meals included are:
 - · Wednesday: Breakfast and Dinner
 - Thursday: Breakfast only
- Meal Tickets must be purchased through NCPSMA Executive Director Kristie Payne before May 8, 2023.
- Due to our Catering Cutoff date of May 8th, Meal Tickets **CANNOT** be purchased at the Convention.
- A Buffet Lunch will be served Wednesday and Thursday, which is included in your event registration fee.

Ridgecrest Behavioral Standards

Ridgecrest is a Christian Conference Center and in keeping with their mission, the following standards help to assume the comfort of all guests.

- Alcoholic beverages, illegal drugs, firearms, and fireworks are not permitted.
- The use of tobacco and tobacco related products are prohibited. A \$250 cleaning fee will be incurred per incident if this standard is violated.
- Burning of incense or candles is prohibited.
- As a courtesy to all guests, please observe noise curfew from 11:30 pm and 6:30 am.
- Immodest clothing, distasteful or offensive monograms/designs, bare feet in public areas, or any extreme style of dress is prohibited.
- Pets are not permitted in any Ridgecrest facility. However, service animals as defined by ADA regulations are permitted. ADA regulations define a service animal as "any dog that is individually trained to do work or perform tasks for the benefit on an individual with a disability, including physical, sensory, psychiatric, intellectual, or other mental disability." Per the US Department of Justice, "The crime deterrent effects of an animal's presence and the provision of emotional support, well-being, comfort, or companionship do not constitute work or tasks for the purposes of this definition." Such animals are not service animals and are therefore not permitted in any Ridgecrest facility.
- Ridgecrest is not responsible for lost or stolen possessions. Ridgecrest does not assume responsibility for damage or loss of any material articles prior to, during or following events.





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15th Annual NCPSMA Western Convention

Individual Registration Form for Regular or Retired Regular Members

May 24-25, 2023 | Johnson Springs Conference Center at Ridgecrest | Black Mountain, North Carolina 28770

IMPORTANT INFORMATION

- Regular or Retired Regular Members are currently employed and/or retired from the North Carolina Public School System
 - Regular or Retired Regular Members wishing to attend the conference must be current members of NCPSMA.
 - You can register online at www.ncpsma.org if paying with debit/credit or by mailing this form in with your payment.
 - In order to expedite the Registration/Check-In process, please be sure to pay all fees IN-CLUDING MEMBERSHIP FEE prior to arrival to the Convention.
- Meal Tickets may be purchased for the Ridgecrest Dining Room.
 - Meal Tickets include Breakfast and Dinner on Wednesday and Breakfast on Thursday.
 - A Buffet Luncheon will be served on Wednesday and Thursday and is included with your conference registration.
 - Meal Tickets cannot be purchased through Ridgecrest and must be purchased with your registration.
 - There will be **no refunds** for missed meals.

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Conference Fees: Please check all fees and items that apply and fill in blanks where appropriate.

DESCRIPTION	CASH OR CHECK	DEBIT OR CREDIT MUST BE PAID ONLINE	TOTAL
PREREGISTRATION Before May 1, 2023	1 x \$75.00	1 x \$78.00	\$
REGISTRATION After May 1, 2023	1 x \$85.00	1 x \$88.00	\$
MEMBERSHIP DUES	1 x \$20.00	1 x \$21.00	\$
MEAL TICKET MUST BE PURCHASED IN ADVANCE BEFORE MAY 8, 2023	1 x \$35.00	1 x \$37.00	\$
There will be no refunds after May 1, 2023.		GRAND TOTAL	\$

Payment Information

Checks: Payable to NCPSMA and mail to NCPSMA, 224 Mulberry Street, Clyde, NC 28721 Credit/Debit Cards: Pay online at www.ncpsma.org. Click on the Convention Information Tab, then the Western Convention Tab and then the Regular Member Information Tab.







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15th Annual NCPSMA Western Convention

Multiple Registration Form for Regular or Retired Regular Members May 24-25, 2023 | Johnson Springs Conference Center at Ridgecrest | Black Mountain, North Carolina 28770

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ATTENDEE NAME	PRE-REG Before Ma	ISTRATION y 1, 2023	REGISTRA After May 1		MEMBERS	HIP	MEAL TICKET MUST BE PURCHASED IN ADVANCE BEFORE MAY 8		TOTAL
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Credit/Debit Cards: Pay online at www.ncpsma.org and click on the Convention Information Tab, then the

THE MAINTENANCE

Executive Director: Kristie Payne Phone: 828.565.0115 E-Mail: office@ncpsma.org Website: www.ncpsma.org

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15th Annual NCPSMA Western Convention Tentative Agenda

Johnson Springs Convention Center | Black Mountain, North Carolina May 24-25, 2023 Tentative Agenda

TUESDAY, MAY 23, 2023

3:00-5:00 pm **Early Registration** (JS Lobby / 1st Floor)

WEDNESDAY, MAY 24, 2023

TO OBTAIN CREDIT FOR CREDIT HOUR CLASSES YOU MUST ATTEND ALL CLASSES

7:15 am – 4:30 pm **Registration** (JS Lobby / 1st Floor)

7:15-8:15 am **Breakfast** (Cafeteria) - Previously purchased "Meal

Ticket" required

8:00-10:00 am **NC Locksmith License Renewal** (2 CEUs) – "What Needs to

Be Addressed Before Considering Access Control?"

(JS 1 D & H / 1st Floor) Presented by Phillip Floyd, Co-Owner/Vice President & Director of Sales, Seven Oaks Doors and Hardware

"Stihl Small Engine Repair" – Class 1 (JS 2 B / 2nd Floor) Presented by Will Parker, Technical Sales Specialist, Mid Atlantic STIHL

"Hydronic Systems Maintenance" (2 CEUs) (JS 3 / 2nd Floor)

- 1) Pump Types & New Technologies
- 2) Pump Installation & Pitfalls
- 3) How to Read a Pump Curve
- 4) Pump Lubrication Requirements
- 5) Pump Seal Types
- 6) Air Management & System Pressurization

Presented by Jeff Miller, After-Sales Support Manager, JMP

Equipment Company

"Pesticide Ornament & Turf" – Class 1 (2 CEUs) (JS 4 / 2nd Floor) Presented by Steve D. Pettis, Commercial & Consumer Horticulture Agent NC State Cooperative Extension

Electrical Updates Using the 2020 Code – (2 CEUs) Class 1 – "NEC 210.8 GFI Protection for Other Than Dwelling Units"

(JS 5 / 2nd Floor)

Presented by Josh West, Cabarrus County Building Inspector

8:00-9:00 am **Coffee Break and Refreshments** (JS Lobby / 1st Floor)

8:30-9:00 am **Exhibitor Display Selection** (JS 1 A / 1st Floor)

9:00-10:00 am **Exhibitor Display Setup** (JS 1 A/B/C/E/F/G / 1st Floor)

10:00-11:00 am **Opening Session and Vendor Introductions** (JS 2 C / 2nd Floor)

11:00 am – 12:00 pm Visitation with Exhibitors and Door Prizes

(JS 1 A/B/C/E/F/G / 1st Floor)

Advisory Council Meeting (JS 2 C / 2nd Floor)

12:00-1:00 pm **Exhibitor and Member Traditional Southern Buffet Luncheon**

(JS 2 A & B / 2nd Floor)

1:00-2:30 pm **Visitation with Exhibitors and Door Prizes**

(JS 1 A/B/C/E/F/G / 1st Floor)

2:30-4:30 pm **Exhibitor Display Breakdown** (JS 1 A/B/C/E/F/G / 1st Floor)

NC Locksmith License Renewal (2 CEUs) – "Interior Doors and Hardware Applications" (JS 1 D & H / 1st Floor) Presented by Phillip Floyd, Co-Owner/Vice-President & Director of Sales, Seven Oaks Doors & Hardware

"Stihl Small Engine Repair" – Class 2 (JS 2 B / 2nd Floor) Presented by Will Parker, Technical Sales Specialist, Mid Atlantic STIHL

"Playground Safety" (JS 2 A / 2nd Floor)

Presented by Jamie Perritt, Jr., Next Level Recreation of the Carolinas

WEDNESDAY, MAY 24, 2023 (continued)

2:30-4:30 **"Cost Management Strategies for Irrigation Systems"** (JS 3 / 2nd Floor)

1) Cost Management for Watering Athletic Fields

2) Irrigation Using Well Water Instead of Purchasing from Municipal Providers

3) Typical Water Usage & Costs

4) Irrigation Control Systems Technology 5)Common Issues Resulting in Unplanned Expenditures 6)Relationships with Athletic Directors & Coaches Presented by Andrew LaRowe, Pres., EduCon & Michael Spillman, Maintenance Director, Davie County Schools

"Pesticide Ornamental & Turf" (2 CEUs) -

Class 2 (JS 4 / 2nd Floor)

Presented by Steve D. Pettis, Commercial & Consumer Horticulture Agent NC State Cooperative Extension

Electrical Updates Using the 2020 Code

(2 CEUs) - Class 2 – "NEC 110.14, 22 and 31-.16 – Temperature Limitations, Identifica tion of Disconnecting Means and Wiring Methods" (JS 5 / 2nd Floor)

Presented by Josh West, Cabarrus County

Building Inspector

4:45 – Until **Cornhole Tournament** with cash prizes

(Sidewalk Area / 2nd Floor)

5:30-6:30 **Dinner** (Cafeteria) – Previously purchased

"Meal Ticket" required

THURSDAY, MAY 25, 2023

TO OBTAIN CREDIT FOR CREDIT HOUR CLASSES YOU MUST ATTEND ALL CLASSES

7:15-11:45 **Registration** (JS Lobby / 1st Floor)

7:00-9:00 **Coffee Break** (JS Foyer / 1st Floor)

7:15-8:15 **Breakfast** (Cafeteria) - Previously

purchased "Meal Ticket" required

8:00-10:00 **NC Locksmith License Renewal** (2 CEUs)

"How to Set up a Key System" (JS 1 D & H /1st Floor)

Presented by Tammy Griffin, End User Specialist & Ed Garver, Distributor Sale Consultant, ASSA ABLOY

Pesticide Structural" (2 CEUs) – Class 1

(JS 4 / 2nd Floor)

Presented by Patty Adler, NCSU, Director of Structural Pest Management Training Facility

Electrical Updates Using the 2020 Code (CEUs) - Class 3 - "NEC 225.30 B Common Supply Equipment in Outdoor Branch Circuits and Feeders"

(JS 5 / 2nd Floor)

Presented by Josh West, Cabarrus County Building Inspector

"Plumbing Fundamentals" (JS2A/2nd Floor)

1) Flush Valve Maintenance

2) Wall and Yard Hydrant Maintenance & Repair

Presented by Josh Waters & Donnie John son, Total Maintenance Solutions

"Shelter in Place Lockdown Solutions"

(JS 2 B / 2nd Floor)

Presented by Barry Phillips, Regional Sales Director, Wesco

15th Annual NCPSMA Western Convention Tentative Agenda

continued from page 8

THURSDAY, MAY 25, 2023 (continued)

8:00-9:00 "Care, Maintenance & Fire Code Compliance

for Your Stage Curtains" (JS 3 / 2nd Floor) Presented by Steve McKee, President,

Premier Drapery Cleaning

9:00-10:00 "Spectator Seating: Code Compliance & Preventative Maintenance" (JS 3 / 2nd Floor)

- 1) Today's Codes & How They Affect Facilities
- 2) Preventative Maintenance & Proper Care
- 3) Tips & Tricks to Help Reduce Liability Claims
- 4) Bleachers & Grandstand Code Compliance Upgrades
- 5) Auditorium & Outdoor Fixed Seating Maintenance Tips
- 6) Gymnasium Equipment & Backboard Inspections & Maintenance

Presented by Jacob Lovings, Seating Safety Solutions, Inc.

10:00-12:00

NC Locksmith License Renewal (2 CEUs) "Troubleshooting and Maintenance of Doors and Hardware" (JS 1 D & H / 1st Floor)
Presented by Alan Meyer, End User Specialist & Scott Shipton, End User Specialist, ASSA ABLOY

"Water and Fire Loss Restoration"

(JS 2 A / 2nd Floor)
Presented by Patrick Brown, Business
Development & Commercial Project

Development & Commercial Project Management, Belfor Restoration

"Maximizing Existing Budgets to Create Funding for Key Initiatives" (JS 2 B / 2nd Floor) Presented by Ken Harden, Senior Consultant, Energy Systems Group

"Kitchen Equipment" (JS 3 / 2nd Floor) Presented by Darrin Bisson, Region Operations Manager, Hobart Service

"Pesticide Structural" (2 CEUs)

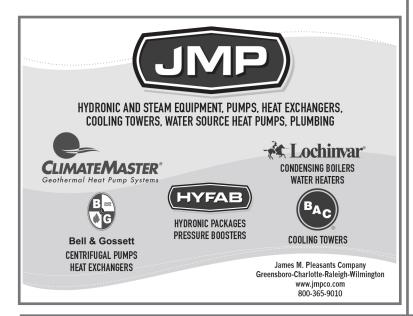
Class 2 (JS 4 / 2nd Floor) Presented by Patty Adler, NCSU, Director of Structural Pest Management Training Facility

Electrical Updates Using the 2020 Code (2 CEUs) - Class 4 - "NEC 230.71 B - Two to Six Service Disconnecting Means, Location, Grouping and Barriers" (JS 5 / 2nd Floor)
Presented by Josh West, Cabarrus County Building Inspector

12:15-1:30 Classic Picnic Luncheon Buffet

(JS 1 A&E / B&F / 1st Floor)

1:30-2:30 **Closing Session** (JS 1 A&E / B&F / 1st Floor)



Variable Speed Pump Control in the Age of ASHRAE 90.1-2010/13 • Part Two

By IMP Equipment Company

Differential Pressure and Demand

To understand what happens in a closed- loop, variable speed system when demand drops, consider the system in Figure 2.

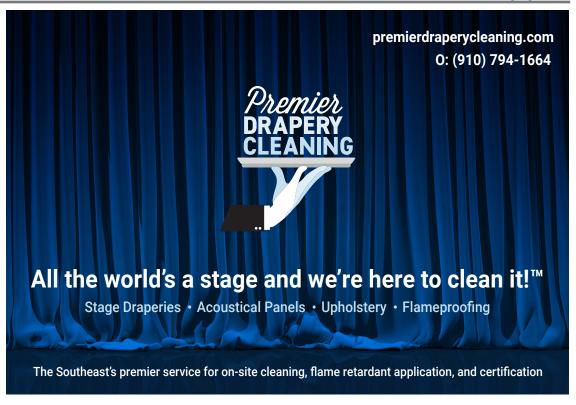
Admittedly, most systems have more than one coil and pump, but this simple example is perfect for illustrating the role of differential pressure sensing in variable speed pump control.

Notice we have a design flow of 1000 GPM and 80 feet (40' + 40') of variable piping head loss, plus 20 feet of control head. This is the minimum pump head we will have at all times, even at zero flow.

A pressure sensor located on the supply side to the coil and and immediately after the two-way control valve on the other side to sense the differential pressure across the coil. The differential pressure sensor is wired to the variable speed pump control. These components are necessary to make sure the control head setpoint -- which in this case is 20 feet -- is always maintained.

At full design conditions, we have 1000 GPM at 100 feet of head (40'+40'+20').

continued on page 11



MEMBERSHIP APPLICATION

Membership runs from July 1, 2022 through June 30, 2023.

Membership Dues are \$20.00 if paying by check. Complete this form and submit along with your check for \$20.00 to: NCPSMA, 224 Mulberry Street, Clyde, NC 28721

NAME					
LEA (Local Educational Agency) OR COMPANY					
ADDRESS					
CITY		STATE		ZIP	
TELEPHONE					
E-MAIL					
Would you like a reminder sent to you			when the latest	YES	NO

CHECK ALL THAT APPLY	
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REGULAR RETIRED MEMBER	Available to all RETIRED maintenance employees of various city, county and state public schools as well as institutions of the community colleges.
ASSOCIATE MEMBER	Available to all people interested in the betterment of public-school maintenance including school board members, superintendents, principals, teachers and vendors. ** Associate Members DO NOT have voting privileges.
MAINTENANCE DIRECTOR	The Maintenance Director / Supervisor of your LEA
MEMBERSHIP RENEWAL	Continuation of current membership
NEW MEMBER	First time membership

Online payments of \$22.00 per membership are accepted at www.ncpsma.org

	FOR OFFICE USE ONLY
PAID FOR WITH CHECK #	RECEIPT#

Deadly MistakesFatal Event January 19, 2019

continued from page 3

a worker from free falling more than six feet or contacting a lower level (e.g., the floor or the ground) (29 CFR 1926.502(d)(16)(iii)).

The employees reportedly did not receive formal ladder safety training or fall protection training and the employer did not have a written PPE hazard assessment.

Recommendations:

- A site-specific hazard assessment must always be completed to account for the hazards that will be present throughout each stage of the work being performed and to plan for how the hazards will be mitigated.
- Each employee engaged in residential construction activities six feet or above lower levels must be protected by guardrail systems, safety net system or personal fall arrest system.
- Depending on the type and circumstances of each job, the most effective device should be put in place to afford the greatest safety to the employees.
- The employer must provide a training program for each worker who might be exposed to fall hazards. The program must enable each worker to recognize the hazards of falling that are specific to their job and each worker must be trained in the procedures to follow to minimize these hazards.
- Before using personal fall arrest equipment, each affected employee shall be trained to understand the application limits of the equipment and proper hook-up, anchoring and tie-off techniques. Affected employees shall also be trained so that they can demonstrate the proper use, inspection, and storage of their equipment.

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School Shootings Continue to Rise

continued from page 4

in their schools, is increasing. Teachers and staff members are afraid to speak out because of retribution from their administration. There is an anonymous security survey for staff and employees on their perspective of their overall school security/climate available.

Another element to consider are students. They need to be able to voice their opinion and recommendations about an active shooter.

School districts should have threat assessment teams ready to identify, evaluate, and address threats, potential threats, or alarming behavior to their schools.

All schools need to have a permanent School Resource Officer (SRO) assigned and additional SROs as needed.

Any plan will undoubtedly include security technology, but no single security implementation will protect a school; true protection comes from many layers of security protocols and processes. Access control is a critical component to stop an unwanted visitor before something happens.

Security screening systems can help spot guns, knives, and other weapons at the entry points or other areas. The exterior school grounds need to be searched daily to locate prohibited items. Cameras in and around your campus have proven to be a strong deterrent in helping to ensure policies and procedures are being followed.

There is now gun detection technology that can detect weapons as soon as they are visible on camera, flagging threats before shots are fired.

It is critical that as soon as the first shot is fired, emergency responders are notified and respond immediately to locate the shooter and neutralize the threat. A gunshot detection and localization system that is integrated into a video surveillance system is highly effective and gets information out quickly.

Additionally, if the video is transmitted over a network, it is possible to allow law enforcement personnel to view the cameras from their emergency command center and for the responding officers to view this from their vehicles.

School Board members, superintendents, administrators, teachers, parents,

continued on page 12



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District Seven Scholarship Application

Applications must be postmarked by April 1, 2023

Thank you for your interest in the District 7 Scholarship. We will award a minimum of one scholarship in the amount of \$500 annually. The newest recipient(s) will be named during the District 7 Meeting in May of 2023.

Applicants must meet the following requirements:

- NCPSMA District 7 current active, associate, or retired member (minimum of 1 year) or their immediate family
- Financial Need

Work Phone

Home Phone

Father E-mail address

Mother E-mail address

Current Member of NCPSMA

- Acceptance by college, university, or technical school.
- Completed application. If application is not complete and accurate it will not be considered.

A. APPLICANT INFOR	RMATION:		
Full Name			
Address			
City		State	Zip
Phone ()	E-mail address _		Zip
Date of Birth	Age	Social Security #	<u> </u>
Applicant Employer			
Approximate Salary:			
\$0-\$10,000\$10		0,001-\$30,000	
\$30,001-\$40,000 _			
Current Member of NC	PSMA yes* n	o District #	
			with completed application.
		ntenance Departme	nt and Active member of
NCPSMA, Item C. is no	ot required.		
B. APPLICANT SPOU			
Spouse Full Name			
Address			
City	ા	ale Z	ip
Applicant Spouse Emp	loyer		
		ess	
Approximate Salary:		004 @20 000	
\$0-\$10,000\$10		,001-\$30,000	
\$30,001-\$40,000 _	\$40,000-above		
C DADENT(S) OF ADD	DI ICANT IE DEDENDA		OPTED CHILD INFORMATION
Father Address	Iolii	101	
City			
State	Stat	·e	
Zip			
Employer	Zip Emr	lover	

Please include a copy of current NCPSMA membership card with completed application
D. If applicant is a Dependent Child or Adopted Child, Parents Salaries (combined) \$30,000-\$40,000\$40,001-\$50,000\$50,001-\$60,000 \$60,001-\$70,000\$70,001-\$80,000\$80,001-\$90,000 \$90,001-\$100,000\$100,001 and over
E. Please list other family members (siblings, parents, spouse, etc.) attending school/college Name & RelationshipSchool/College Expected Graduation Date Age
F. High School Applicant Attended/AttendsYear of Completion
G.College Attending or Applied to and Accepted Years Attended Year to Begin *Student ID# Address of college or university/accepted to
Where to send the check made out to the institution and applicant. Include a copy of original acceptance letter from university, or a document that is proof of continued acceptance(if 2nd,3rd, or 4th years).
H. List other sources of Financial Assistance

Work Phone

Home Phone

no District #

__ yes

- **I.** On a separate sheet, list applicant's extracurricular activities including, but not limited to academic, church, community, etc.
- **J.** Briefly convey in 300 words or less on a separate sheet your hopes, wishes and desires for your academic and professional future, along with why you chose the college you plan to attend. Please fill out completely and honestly.

Please fill out completely and honestly.

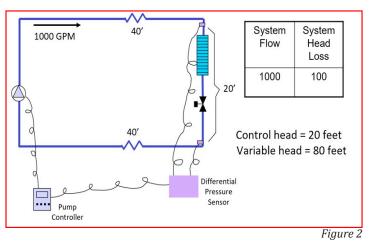
INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED.

Recipients will be announced or notified by the end of June each year. If awarded scholarship, check will be written to the school and applicant, mailed on or about the first week of August of award year.

Completed application should be mailed to: Jeff Adams, NCPSMA District 7 President District 7 Scholarships 300 N. Lee Avenue Yadkinville, NC 27055 Or emailed to jeff.adams@yadkin.k12.nc.us

Variable Speed Pump Control in the Age of ASHRAE 90.1-2010/13 • Part One

continued from page 9



In this system the operational sequence would be as follows:

- 1. As demand drops, the control valve starts to close.
- 2. The closure of the control valve causes system flow to drop and an increase in differential pressure (DP) across the coil.
- 3. The DP sensor recognizes the increase in differential pressure and prompts the pump controller to slow the pump down.
- 4. The pump slows down until the control differential pressure (20 feet in this example) is restored.

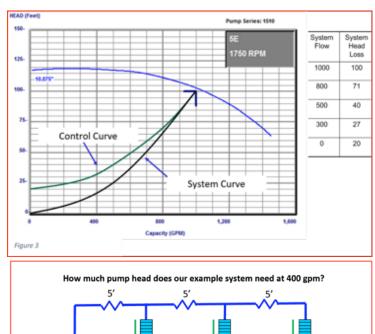
The rate at which the pump slows is determined by the Pump Affinity Laws. Specifically, if flow is cut in half, then the variable head loss is reduced by a factor of 4. Using the design coordinates of 1000 GPM and 100 feet of head as the starting point, every other operational point for the pump can be calculated, giving us the control curve. So, if flow drops from 1000 GPM to 500 GPM, then our system head loss drops from 100 feet to 40 feet.

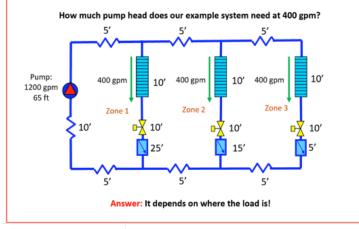
If our piping loss on either side of the coil was 40 feet at 1000 GPM, then at 500 GPM, our head would drop to one quarter of 40 feet, or 10 feet of head on either side of the coil.

That is our variable head loss. Remember, we must maintain a pressure differential of 20 feet across the coil and control valve. 10 + 20 + 10 equals 40 feet of head. At half flow we have a system head loss of 40 feet.

Using the same formula, we can calculate the rest of the coordinates, which we can use to plot the control curve that is shown in Figure 3.

Variable speed control gets a bit more complicated in realworld, multizone systems that have valves opening and closing throughout the day.





Variable Speed Pump Control in the Age of ASHRAE 90.1-2010/13 • Part One

continued from page 11

These are just two

"misses". If we were

to plot all of the pos-

sible operating points

in this same system,

it would encompass

an area like what is

The space enclosed

by the red curve lines

represents all the

possible heads and

flow rates a variable

speed pump must

deliver in order to

satisfy the part load

demands of this system. On a direct

return system, the upper red curve rep-

resents the control

valves that are locat-

ed farthest from the pump; the lower red

curve represents the

control valves closest

We prevent these

misses by targeting

our control strat-

egy on the area con-

tained within the red

So what happens in

our example system

to the pump.

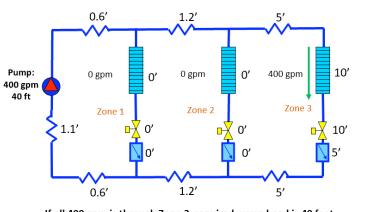
shown in Figure 7.

points for potential

Figure 4 shows a fully loaded three-zone system with flow limiters at each zone.

Balancing is easy enough when all zones are at maximum 400 GPM design flow, but what happens when demand drops? Realistically, we know valves within a multi-zone system are not opening and closing in tandem. Rather, load varies from one zone to the next, depending on space occupation and the current solar load of individual zones.

Think of students in a high school migrating to the cafeteria between 11AM and 1PM. Clearly the zone serving the cafeteria is going to have a higher demand at that time of day than the classrooms, many of which may be unoccupied. We call this "system diversity."



If all 400 gpm is through Zone 3, required pump head is 40 feet

Figure 5 How much pump head will this control system generate at 800 gpm? Pump: 400 gpm 400 gpm 10' 10' 800 gpm 10' 10' With Zones 2 and 3 fully loaded, pump head is 54 feet.

HEAD (Feet) 120-1770 RPM

Figure 6

when load drops from 1200 GPM to pump head do we

lines.

need? It depends on where the load is. If, for example, all 400 GPM is through Zone 3, then the required pump head would be 40 feet -- technically, 39.7 if you do the math (Figure 5).

Now let's switch it up even more. What happens if the demand is 800 GPM? Again, it depends on where the load is. Let's assume that Zones 2 and 3 are fully loaded. If that's the case, we will require a pump head of 54 feet (Figure 6).

Interestingly, if we plotted a control curve for this system, we would notice that these two reduced operational points (800 GPM @54 ft) and (400 GPM @40 ft.) do not fall on our control curve. They are, in fact, above it.

To be continued in April issue.

School Shootings Continue to Rise

continued from page 10

and students need to be willing to make changes, but those need to be intelligent changes that make use of the proper security technology, policies, and procedures to make your campuses safer and more secure.

It is evident in the last five years that the tragedy at Marjory Stoneman Douglas High School is still not enough to compel us as a nation toward implementing comprehensive solutions to truly protect our 50 million students in more than 130,000 schools. Appallingly, there have already been 6 school shootings in the first month of 2023. Protecting the lives of our children cannot wait any longer.

Patrick V. Fiel Sr. is a security expert who has over forty years of experience managing security and law enforcement organizations. He has served as the Executive Director of Security for the District of Columbia Public Schools (163 schools) where he implemented a strategic security plan and reduced crime. He is retired from the US Army Military Police Corps. Contact him to schedule a time to discuss how he can assist your school. Patrick can be reached at (910) 789-4265 or at pvfsecurity.com.

https://campuslifesecurity.com/ articles/2023/02/14/marjorie-stonemandouglas*five-years-later.aspx*

St. Patrick's Day

St. Patrick's Day, also known as The Feast of St. Patrick or Paddy's Day in Ireland, is celebrated on March 17, the anniversary of St. Patrick's death in the fifth century.

St. Patrick, the Patron Saint of Ireland, was born in Roman Britain in the late 4th century and kidnapped at the age of 16 and taken to Ireland as a slave. He later escaped, but returned to Ireland and was credited with bringing Christianity to its people. By the time of his death on March 17, 461, he had established monasteries, churches, and schools. The most well-known legend of St. Patrick is that he explained the Holy Trinity (Father, Son, and Holy Spirit) using the three leaves of a native Irish clover, the shamrock.

Irish and non-Irish alike commonly participate in the "wearing of the green" sporting an item of green clothing or a shamrock, the Irish national plant, on the lapel.

